



**BERNARDUS**  
LODGE & SPA

# BATHS BY BERNARDUS

## **Bernardus Bedtime Bliss**

Gently drift off into a blissful sleep with an expertly curated collection of products from The Spa at Bernardus. From a snooze inducing bath bomb, to magnesium & ginseng infused beverages, lavender body balm and restful reading - this is relaxation for the mind, body and soul.

## **Awakening the Aura**

Designed to support a positive beginning to each day, this morning ritual awakens the body and mind with products and practices to encourage optimal mental and physical performance. An energizing ice bath, locally roasted coffee, clarity crystals and cooling eye gels - will start your day with a natural boost. Coffee & ice available by delivery as early as 7:00am.

## **Sweet Like Honey**

Enjoy Bernardus' soaking tubs together with handcrafted sea salt caramels, rose bath bomb and whipped honey body products - this bath celebrates love, connection and romance.

\$200 each

package amenities are delivered to your guest room in advance so you may draw your bath privately

